

Gualala River Run 2015
Gualala, California
10/10/2015

***** 10K RUNNERS AWARDS LIST *****

***** FEMALE OVERALL 10K RUN RESULTS *****

Place	Name	S	Age	City	St	Time	Pace
1	Amelia Wirt	F	16	Fort Bragg	CA	44:42	7:12
2	Harley Nunan	F	26	Mendocino	CA	46:13	7:27
3	Bethany Brewer	F	35	Ft Bragg	CA	46:45	7:32
4	Susan Zec	F	53	Corte Madera	CA	52:15	8:25
5	Michelle Creegan	F	23	Pt Arena	CA	57:57	9:20

***** FEMALE 10K RUN AGE GROUP: 16 - 19 *****

Place	Name	S	Age	City	St	Time	Pace
1	Amelia Wirt	F	16	Fort Bragg	CA	44:42	7:12

***** FEMALE 10K RUN AGE GROUP: 20 - 29 *****

Place	Name	S	Age	City	St	Time	Pace
1	Harley Nunan	F	26	Mendocino	CA	46:13	7:27
2	Michelle Creegan	F	23	Pt Arena	CA	57:57	9:20
3	Karen Sinn	F	29	San Rafeel	CA	1:05:58	10:37
4	Abby Stoner	F	23	Pt Arena	CA	1:06:27	10:42
5	Molly Ellis	F	27	San Francisco	CA	1:08:08	10:58

***** FEMALE 10K RUN AGE GROUP: 30 - 39 *****

Place	Name	S	Age	City	St	Time	Pace
1	Bethany Brewer	F	35	Ft Bragg	CA	46:45	7:32
2	Amy Porto	F	34	Orinda	CA	59:07	9:31
3	Erin Garnett	F	37	Sonoma	CA	1:10:50	11:24
4	Toni Castrone	F	37	Sonoma	CA	1:11:23	11:30
5	Heather Sourwine	F	34	Oakland	CA	1:13:01	11:45

***** FEMALE 10K RUN AGE GROUP: 40 - 49 *****

Place	Name	S	Age	City	St	Time	Pace
1	Meredith Munro	F	49	Denver	CO	58:03	9:21
2	Cori Farwell	F	49	Orinda	CA	58:35	9:26
3	Chiyako Ito	F	48	Hidden Valley	CA	1:01:59	9:59

***** FEMALE 10K RUN AGE GROUP: 50 - 59 *****

Place	Name	S	Age	City	St	Time	Pace
1	Susan Zec	F	53	Corte Madera	CA	52:15	8:25
2	Debbie Powell	F	52	Sonoma	CA	58:16	9:23
3	Terri Beckett	F	54	Santa Rosa	CA	59:39	9:36
4	Laurel Yrun	F	55	San Rafael	CA	1:05:23	10:32

Gualala River Run 2015
Gualala, California
10/10/2015

***** 10K RUNNERS AWARDS LIST *****

***** FEMALE OVERALL 10K RUN RESULTS *****

Place	Name	S	Age	City	St Time	Pace
-------	------	---	-----	------	---------	------

***** FEMALE 10K RUN AGE GROUP: 60 - 69 *****

Place	Name	S	Age	City	St Time	Pace
1	Cherie Soria	F	68	Fort Bragg	CA 1:01:49	9:57
2	Linda Wendt	F	65	Walnut Creek	CA 1:10:18	11:19
3	Jeanette Addis	F	63	Hidden Valley	CA 1:15:16	12:07
4	Becky Whitt	F	62	Middletown	CA 1:15:20	12:08